

## Instructions

To boost your financial confidence, follow these steps: learn, talk, ask. For each one, check off the items as you complete them.

1. Learn: Get educated with financial literacy		
~	Budgeting: Create a budget and stick to it	
	Saving: Contribute to a savings account, emergency fund, and retirement fund	
	Credit: Effectively manage credit and build a credit score and credit history	
	Debt: Pay off credit card and student loan debt and reduce "want" purchases	
	Insurance: Protect yourself from risk with insurance and a will	
	Financial decision-making: Take a finlit class to hone your money skills	

2. Talk: Have conversations about money		
	Ask a friend for advice about money	
	Schedule an appointment with a financial advisor	
	Meet with a mentor for financial coaching	
	Talk with a coworker about salaries	
	Negotiate pay with your employer	

3. Ask: Tap into reliable resources		
	Learn about a non-profit: Empower Women, Women's Institute for Financial Education, Financial Literacy Organization for Women and Girls, Women's Institute for a Secure Retirement	
	Read a publication: Girlboss, Refinery29 Work & Money, Money Smart Women, HerMoney	
	Listen to a podcast: So Money Podcast, Clever Girl Finance Podcast, The Fairer Cents Podcast, Martinis and Your Money Podcast	
	Use a financial tool: Ellevest	

